



Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios (WG) Blueberries Milk	Biscuit Banana Milk CN	Scrambled Eggs Toast (WW) Milk	Oatmeal (WG) Fresh Pears+ Milk	Pancakes (WW)* Strawberries Milk
	Chili Con Carne with Beans* Cornbread (WW)* Apple Slices+ Milk	Honey Lime Chicken* Brown Rice Vegetable Blend (Broccoli, Cauliflower, Green Beans, Peppers) Mixed Fruit Milk	Turkey Soft Taco* (Cheese, lettuce, tomato, WW Tortilla) Mexicali Corn Strawberries Milk	Italian Rice Bake* Green Beans Blueberries Milk	Cheese Pizza (WG) Sweet Peas Pineapple Milk CN
Lunch					
PM Snack	WG Graham Crackers Fresh Seasonal Fruit Water	Colby Jack Cheese WG Crackers Water	Maple Cinnamon Sun Butter Dip Apple Slices+	Soft Pretzel Bites (WG) Mandarin Orange Water	WG Cinnamon Goldfish Crackers Apple Juice

WW – Whole Wheat
CN – Child Nutrition Label
+ - Cooked for Infants

WG – Whole Grain
* - CACFP Recipe



Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Kix Cereal (WG) Blueberries Milk	Toast w/Sun Butter Apple Slices Milk	Scrambled Eggs Banana Milk	Oatmeal (WG) Mixed Berries Milk	Pancakes (WW) Peaches Milk
Lunch	Red Pozole* WW Roll Mixed Fruit Milk	Turkey Meatloaf* Green Beans Peaches Milk	Spaghetti (WG)* (Ground Turkey) Vegetable Blend (Broccoli, Cauliflower, Green Beans, Peppers) Watermelon Milk	Hashbrown Casserole* Garden Salad with Raspberry Vinaigrette Strawberries Milk CN	Chicken Alfredo w/a Twist (WG)* Steamed Broccoli Mango Milk
PM Snack	WG Crackers Colby Jack Cheese Water	Mozzarella String Cheese Grape Juice	Carrots+ & Cucumbers Yogurt Ranch Dip Or Cottage Cheese (I) Water	Apple Slices+ Greek Yogurt Dip Water	WG Goldfish Crackers Apple Juice

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Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios (WG) Strawberries Milk	Biscuit (WW) Cheddar Cheese Milk CN	Scrambled Eggs Toast (WW) Milk	Oatmeal (WG) Blueberries Milk	Pancakes (WG)* Applesauce Milk
Lunch	Grilled Cheese Sandwich (WW) Tomato Soup* Mixed Berries Milk	Teriyaki Chicken Oven Fried Rice Green Beans Apple Slices+ Milk	Sloppy Joe on WW Bun* Sweet Potato Fries Blueberries Milk	Baked Fish Roasted Potatoes Fresh Orange Slices Milk CN	Chicken & Cheese* Quesadilla, Black Beans Salad, Strawberries Milk CN
PM Snack	WG Ritz Crackers Sliced Peaches Water	Colby Jack Cheese Soft Pretzel Bites (WG) Water	Chewy Granola Bar* Apple Juice	WG Blueberry Muffin Milk CN	WG Sun Chips Grape Juice Or WG Crackers (I)

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Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Kix Cereal (WG) Peaches Milk	Cinnamon Raisin Toast Apple Slices+ Milk	Scrambled Eggs Toast (WW) Milk	Oatmeal (WG) Fresh Pears+ Milk	Pancakes (WW) Banana Milk
Lunch	Chicken & Noodle Soup* Sweet Peas Fresh Mandarin Orange Milk	Fish Sandwich on WW Bun Vegetable Blend (Broccoli, Cauliflower, Green Beans, Peppers) Pineapple Milk CN	Chili Mac* Green Beans Strawberries Milk	WG Chicken Tenders Mashed Potatoes* Fresh Watermelon Milk CN	WG Mac & Cheese* Steamed Broccoli Fresh Orange Slices Milk
PM Snack	WG Strawberry Chex Mix Milk	String Cheese WG Crackers Water	Fresh Apple Slices+ Greek Yogurt Dip Water	WG Goldfish Crackers Orange Juice	WG Graham Crackers Applesauce Water

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WG – Whole Grain
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