


June 2023

Monday

Tuesday

Wednesday

Thursday

Friday

BREAKFAST	29 CLOSED Memorial Day	30 Biscuits	31 Scrambled Eggs	June 1 Yogurt	June 2 Pancakes
LUNCH		Cheeseburger on WW Bun, Roasted Potatoes, Pears	Chicken + Waffles w/blueberry-maple compote, Garden Salad w/raspberry vinaigrette, Mango	Chicken + Cheese Quesadilla, Black Beans + Corn, Strawberries	WG Cheese Pizza, Green Beans, Fresh Orange Slices
SNACK		Yogurt + Pretzels	Carrots + Hummus	String Cheese + WG Crackers	WG Cinnamon Goldfish + Juice
BREAKFAST	5 Cinnamon Chex Cereal	6 Biscuits	7 Scrambled Eggs	8 Yogurt	9 Pancakes
LUNCH	Chicken Patty Sandwich, Steamed Broccoli, Apple Slices	Turkey Meatloaf, Brown Rice, Green Beans, Peaches	WG Spaghetti, Vegetable Blend, Watermelon	Baked Fish, Roasted Potatoes, Fresh Oranges	WG Cheese Pizza, Corn, Mixed Berries
SNACK	WG Crackers + Colby Jack Cheese	String Cheese + Juice	Carrots + Hummus	Apple Slices + Sun Butter	WG Goldfish Crackers + Milk
BREAKFAST	12 Cheerios Cereal	13 Biscuits	14 Scrambled Eggs	15 Yogurt	16 Pancakes
LUNCH	WW Turkey + Cheddar Sandwich, Cucumber Slices, Cantaloupe	Chicken Curry Casserole, Peas, Blueberries	Maple French Toast Bake w/Fennel Sausage, Roasted Potatoes, Peaches	Sloppy Joe on WW Bun, Sweet Potato Fries, Apple Slices	WG Macaroni + Cheese, Steamed Broccoli, Fresh Orange Slices
SNACK	WG Wheat thins + Peaches	Pretzel Bites + Colby Jack Cheese	WG Blueberry Muffin + Milk	WG Tortilla Chips + Refried Beans	WG Sunchips + Juice
BREAKFAST	19 Cinnamon Chex Cereal	20 Biscuits	21 Scrambled Eggs	22 Yogurt	23 Sack Lunch Day!
LUNCH	Grilled Cheese Sandwich, Green Beans, Mandarin Oranges	Hashbrown Stacker, Baked Beans, Strawberries	WG Chicken Tenders, Mashed Potatoes, Watermelon	Fish Sandwich on WW Bun, Mixed Vegetables, Pineapple	
SNACK	WG Strawberry Chex Mix + Juice	String cheese + WG Crackers	Carrots + Hummus	WG Grahams + Applesauce	WG Goldfish Crackers + Juice
BREAKFAST	26 Cheerios Cereal	27 Biscuits	28 Scrambled Eggs	29 Yogurt	30 Pancakes
LUNCH	Turkey Hot Dog on WW Bun, Sweet Potato Fries, Banana	Sweet + Sassy Chicken, Brown Rice, Vegetable Blend, Mixed Fruit	Turkey Soft Taco, Corn, Strawberries	Pineapple Chicken, Brown Rice, Peas, Blueberries	WG Cheese Pizza, Garden Salad w/raspberry vinaigrette, Fresh Orange Slices
SNACK	WG Grahams + Watermelon	Colby Jack Cheese + WG Crackers	WG Tortilla Chips + Fruit Salsa	Pretzel Bites + Mandarin Oranges	WG Cinnamon Goldfish Crackers + Juice