

# May 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b>	1 Cereal	2 Biscuits + Gravy	3 Scrambled Eggs	4 Yogurt	5 Pancakes
<b>LUNCH</b>	Chicken Sandwich, Carrots, Apple Slices	Chicken Curry Casserole, Peas, Blueberries	WG Spaghetti, Vegetable Blend, Watermelon	Baked Fish, Roasted Potatoes, Fresh Oranges	Cheese Ravioli w/marinara sauces, Garden salad, Mixed Berries
<b>SNACK</b>	Colby Jack Cheese + WG Crackers	Yogurt + Juice	Fresh Veggies + Dip	WG Grahams + Hummus	WG Cinnamon Goldfish + Juice
<b>BREAKFAST</b>	8 Cereal	9 Cheddar Biscuit	10 Scrambled Eggs	11 Yogurt	12 Pancakes
<b>LUNCH</b>	Ham + Swiss Sandwich, Cucumber Slices, Mixed Fruit	Turkey Meatloaf, Mashed Sweet Potatoes, Mango	Maple French Toast w/Fennel Sausage, Roasted Potatoes, Peaches	Sloppy Joe on WW Bun, Sweet Potato Fries, Apple Slices	WG Mac + Cheese, Steamed Broccoli, Fresh Orange Slices
<b>SNACK</b>	WG Wheat Thins + Peaches	Colby Jack Cheese + Soft Pretzels	WG Blueberry Muffin + Juice	WG Tortilla chips + Refried Beans	WG Sun Chips + Juice
<b>BREAKFAST</b>	15 Cereal	16 Biscuits + Jam	17 Scrambled Eggs	18 Yogurt	19 Pancakes
<b>LUNCH</b>	Grilled Cheese Sandwich on WW Bread, Green Beans, Mandarin Oranges	Hashbrown Stacker, Baked Beans, Strawberries	WG Chicken Tenders, Mashed Potatoes, Watermelon	Fish Sandwich on WW Bun, Mixed Vegetables, Pineapple	Chicken Alfredo w/a Twist, Steamed Broccoli, Peaches
<b>SNACK</b>	WG Strawberry chex Mix + juice	String Cheese + WG Crackers	Carrots + Hummus	WG Grahams + Applesauce	WG Goldfish Crackers + Juice
<b>BREAKFAST</b>	22 Cereal	23 WG Banana Bread	24 Scrambled Eggs	25 Yogurt	26
<b>LUNCH</b>	Turkey Hot Dog on WW Bun, Sweet Potato Fries, Banana	Sweet + Sassy Chicken, Brown Rice, Vegetable Blend, Mixed Fruit	Turkey Soft Taco, (Cheese, WW Tortilla), Corn, Strawberries	Pineapple Chicken, Brown Rice, Peas, Blueberries	Sack Lunch Day! (Sun Butter + Jelly on WW Bread, Carrots, Banana)
<b>SNACK</b>	Grahams + Watermelon	Colby Jack Cheese + WG Crackers	WG Tortilla Chips + Salsa	Pretzels + Mandarin Oranges	WG Sunchips + Juice
<b>BREAKFAST</b>	29	30 Biscuits	31 Scrambled Eggs	June 1 Yogurt	June 2 Pancakes
<b>LUNCH</b>	<b>CLOSED Memorial Day</b>	Cheeseburger on WW Bun, Baked Fries, Pears	Chicken + Waffles w/blueberry-maple compote, Garden Salad w/raspberry vinaigrette, Mango	Chicken + Cheese Quesadilla, Black Beans + Corn, Strawberries	WG Cheese Pizza, Green Beans, Fresh Orange Slices
<b>SNACK</b>		Yogurt + Pretzels	Carrots + Hummus	String Cheese + WG Crackers	WG Cinnamon Goldfish + Juice

\*Substitutes made for children 2 and younger made when needed to match developmental level EX: Trail mix is substituted with dry cereal & raisins, Tortilla chips substituted with soft tortilla, Hard veggies are steamed \*Menu changes may be made without notice, if needed. \*Fresh seasonal fruit will be given when available \*Vegetarians and allergies may be accommodated

\*All juice is 100% fruit juice \*Any outside food must be brought to the kitchen and not left in child's classroom